

WISDUM

Singles Support Group Newsletter

www.wisduminc.org

JAN/FEB 2012

WISDUM is:

It is a place to take time to heal. Through our speakers, programs and activities you will be offered new thoughts, new inspiration and new opportunities to meet special people.

It is a place to meet new friends and to have fun. Often when we are a couple, we define ourselves by each other and forget what it is to do something for ourselves. This is an opportunity to rediscover you and what you want for your new life.

It is a place to come to every week when you are in need of something to do and trying to get your life moving again.

WISDUM WELCOMES YOU!!

WISDUM meets every Monday evening

**Social Time 7:00 p.m. to 7:30 p.m.
Program 7:30 p.m. to 9:00 p.m.**

**THE GOVERNOR HILL MANSION
Banquet Hall & Conference Center
136 STATE STREET
AUGUSTA, MAINE 04330**

(former Saint Paul's Center)

Help Support Wisdum

Weekly Auctions

Help support Wisdum by bringing an item to be auctioned off at our Monday meetings. A collectible, jewelry, plant, bakery items, cut flowers, or an interesting item to be bid on for a mystery auction are just a few suggestions.

Quote of the Month

**“Life is too deep for words.
so don't try to describe it –
just live it” Unknown**

WISDUM Board of Directors

Officers: Arlene Innes (President), Gloria Weisheit (Vice President), Linda Stortz (Secretary), Jane Stevens (Treasurer)

Board Members:

Shakila Azimi, Steve Brett, Sally Gagne, Judy Grant, George Heald, Jim McCutcheon, Carol Power, Ron Rittall Sr., Diane Shorey

Please Bring a Friend to WISDUM

WISDUM Newsletter Available On-Line

Did you know that you can find information about WISDUM's Monday night programs and activities on-line.

Visit the WISDUM website at www.wisduminc.org and click downloads to view and print our newsletter.

Be sure to register your e-mail address on the homepage to receive the WISDUM newsletter in your e-mail each time a new issue becomes available.

WEEKLY ACTIVITIES

Monday: Applebee's after meeting

Tuesday: Breakfast at the **Augusta House of Pancakes**, Western Avenue, Augusta, meet @ 9:00 am. Meet for a really good breakfast and some morning humor. Host: Frank Collins 322-5451.

Tuesday: Trivia Night - Come test your knowledge, have dinner and lots of laughs. Join everyone at **The Liberal Cup**, Water Street, Hallowell. 7:30 p.m. for dinner. The game starts at 8:00 p.m.

Sunday: Sunday Night Dance (7pm – 11pm) – Thelma Quimby (998-3197) or Carol Mashaw (375-8918) will host the dance at the **Knights of Columbus** – East Ave, Lewiston (\$9.00 admission) – **every Sunday night**. Bring munchies and let's get our dancing feet going!! **Please call, so they will know you are coming and will greet you at the dance.**

Jan/Feb - Monday Programs

Jan 2nd

6:00 pm Programs and Activity Meeting

7:00 pm Meet and Greet Social Time

7:30 pm Small Group Discussions; with topics picked by the individual groups. A time set aside to listen to others, talk about what is on your mind and get to know each other

Jan 9th

7:00 pm Meet & Greet Social Time

7:30pm Guest Speaker Nan Belle From Violence Project; will be discussing Domestic Violence

Jan 16th

6:00 pm Board Meeting *All Wisdum members are invited!*

7:00 pm Meet and Greet Social Time

7:30 pm Popcorn and Movie Night!!!

The Joy of Stress” by Loretta Laroche

Jan 23rd

7:00 pm Meet and Greet Social Time

7:30 pm Guest Speaker David Leach, David always has great advice on how to avoid getting ripped off. David works for the State of ME, Consumer Protection.

Jan 30th

6:30pm POT LUCK!! FOOD! DO WE NEED TO SAY ANYTHING ELSE? Bring a favorite or new dish for all to share. Enjoy the company, gabbing and games.

Feb 6th

6:00 pm Programs & Activity Committee Meeting

7:00 pm Meet and Greet Social Time

7:30 pm Guest Speaker Debra Keene, Debra will be joining us again showing us “Gentle Chair Yoga”

Feb 13th

7:00 pm Meet and Greet Social Time

7:30 pm Guest Speaker Pam Brown, Come join us in a very topic, “ Hospice Care in Your Community”

Feb 20th

6:00 pm Board Meeting *All Wisdum members are invited!*

7:00 pm Meet and Greet Social Time

7:30 pm “Dear Abby Night”, Ask our Panel of fellow members questions and have fun in the lively discussion that follows

Feb 27th

6:30 pm POT LUCK!!!! Bring a special dish that represents your Nationality. Yummmm!!! Of course games, talking and lots of fun.

[Please sign up to be a greeter!!!](#)

Jan/Feb - Activities

Jan 1st (Sunday) **POT LUCK 1:00 PM to 6:00 PM** Hosted By Carol Powers and Steve (Dude) Hatch. Adults Only, you bring what you want to eat and SIGN UP FOR THE POLAR BEAR PLUNGE, get your pledges ready and jump in the cold, cold water...brrr. RT 105, 5miles on the right at So. Belfast Ave at the 2nd Rotary (Cony). Phone 320-0885 Carol

Jan 8th (Sunday) **2:00 PM FAMILY FOLK FESTIVAL, Gawler & Boardman Families, Jewett Hall, UMA;** followed by Panera’s for eats afterwards. Purchase tickets at the door by 1:30 sharp. They do sellout quickly. Cost \$10 plus cost of food. Hosted by Arlene 685-4237

Jan 15th (Sunday) **11:30 AM POT LUCK & JEWELRY MAKING.** Hosted by Mary (322-4140) & Leslie (754-4314) Adults only. Bring a dish to share. Drinks and dessert provided, as well as beading supplies. Of course if you have your own supplies, bring them along. 6 Falcon Circle, Augusta.

Jan 22nd (Sunday) **2:00 PM Energy, Economic Growth & Jobs.** Hosted by Roberta, 623-2848. UMA Fireplace Lounge. Cost is free. Part of an ongoing series of programs at UMA. Presentation by Habib Daqher.

Jan 28th (Saturday) **9:00 AM HOLLYWOOD SLOTS, BANGOR!!,** Hosted by Frank 322-4140. Meet at the parking lot at the Gov. Mansion, we leave at 9:00 AM sharp. Snow Day 1/29. Slots, Food, Fun, Bingo, Keno. Adults only

FEBRUARY 5, SUPER BOWL

Feb 12th (Sunday) **11:00 AM SOUP, STEW & CHOWDAH POT LUCK AT BOB’S.** Bring your snowshoes. Food, fun, talking, games. 895-5567. Adults only
138 Robinson Rd, Livermore ME

Feb 18th (Saturday) **1:00 PM CANDLE PIN BOWLING, 7-1-10 on RT 5, Augusta. \$3.50 per string, \$2.00 shoe rental. Red Barn afterwards for eats.** Hosted by Arlene 685-4327. Meet at the 7-1-10.

Feb 25th (Saturday) **CABIN FEVER POT LUCK, hosted by Judy 441-3186, 69 Green Street (NEW ADDRESS).** Judy’s new home is around the corner from the Gov. Hill Mansion. Parking is limited, but we can park at the Mansion and be shuttled to Judy’s. Adult’s only. Bring a dish to share, for fun and games

Please don’t be afraid to sign up to host an event.

Remember, if you’re going to be late to an event, please call your host.