

WISDUM

Singles Support Group Newsletter

www.wisduminc.org

March/April 2010

WISDUM is:

It is a place to take time to heal. Through our speakers, programs and activities you will be offered new thoughts, new inspiration and new opportunities to meet special people.

It is a place to meet new friends and to have fun. Often when we are a couple, we define ourselves by each other and forget what it is to do something for ourselves. This is an opportunity to rediscover you and what you want for your new life.

It is a place to come to every week when you are in need of something to do and trying to get your life moving again.

WISDUM WELCOMES YOU!!

WISDUM meets every Monday evening

**Social Time 7:00 p.m. to 7:30 p.m.
Program 7:30 p.m. to 9:00 p.m.**

THE GOVERNOR HILL MANSION
Banquet Hall & Conference Center
136 STATE STREET
AUGUSTA, MAINE 04330

(former Saint Paul's Center)

Help Support Wisdum

Weekly Auctions

Help support Wisdum by bringing an item to be auctioned off at our Monday meetings. A collectible, jewelry, plant, bakery items, cut flowers, or an interesting item to be bid on for a mystery auction are just a few suggestions.

"Quote for the month"

"Attitude is a choice made daily"

(- Sue Ray (10 year cancer survivor))

WISDUM Board of Directors

Officers: Sally Gagne (Vice President), Leslie Michaud (Secretary), Frank Collins (Treasurer)

Board Members:

Mary Anderson, Ann Beaulieu 592-4111, Steve Brett, Lenann Crisci (623-8375), Bob Heikkinen, Arlene Innes (685-4237), Bonnie Leon, Carol Mashaw, Thelma Quimby, Gloria Weisheit, Mikkie Whitcomb

Please Bring a Friend to WISDUM

WISDUM Newsletter Available On-Line

Did you know that you can find information about WISDUM's Monday night programs and activities on-line.

Visit the WISDUM website at www.wisduminc.org and click downloads to view and print our newsletter.

Be sure to register your e-mail address on the homepage to receive the WISDUM newsletter in your e-mail each time a new issue becomes available.

WEEKLY ACTIVITIES

Tuesday: Breakfast at the **Augusta House of Pancakes**, Western Avenue, Augusta, meet @ 9:00 am. Meet for a really good breakfast and some morning humor. Host: Frank Collins 322-5451.

Tuesday: Trivia Night - Come test your knowledge, have dinner and lots of laughs. Join everyone at **The Liberal Cup**, Water Street, Hallowell. 7:30 p.m. for dinner. The game starts at 8:00 p.m.

Sunday: Sunday Night Dance (7pm - 11pm) - **Thelma Quimby (998-3197)** or **Carol Mashaw (375-8918)** will host the dance at the **Knights of Columbus** - East Ave, Lewiston (\$8.00 admission) - **every Sunday night**. Bring munchies and let's get our dancing feet going!! **Please call, so they will know you are coming and will greet you at the dance.**

March/April 2010 - Monday Programs

March 1st

7:30 Speaker: Roger Katz (Lawyer & Mayor of Augusta of the firm of Lipman, Katz & McKee, P.A.) will speak on legal problems & solutions of the divorced and widowed and will field any questions that you have.

March 8th

6:30 Program and Activities Committee Meeting

7:30 Speaker: Helen Zidowicki will share her thoughts on how we age, the challenges and needs that we have, and some strategies for dealing with the aging process.

March 15th

6:00 Board Meeting *All Wisdum members are invited!!*

7:30 Small Group Discussion Join your Wisdum friends in a group discussion on many topics of choice. A chance to listen, vent, exchange wisdom and an opportunity to help each other through individual upsets.

March 22nd

7:30 Speaker: David Leach will speak on “**Consumer Credit Issues.**” In these difficult financial times, David will give us some very informative information in his usual entertaining style. Should be a very good evening.

March 29th

6:30 Potluck and game night. Bring some yummy food and enjoy an evening of fun and socialization.

April 5th

6:30 Program and Activities Committee Meeting

7:30 Speaker: Rev. Tom Farrar (subject to be announced – see Roberta.)

April 12th

6:00 Board Meeting *All Wisdum members are invited!!*

7:30 “Ask the Experts” and Group Discussion. We will have a panel that gives wisdom on a wide variety of topics and we will follow with a group discussion on the issues presented.

April 19th

7:00 Spring Auction Fund Raiser. Please bring all your goodies (new or second hand) to be auctioned. All proceeds go to help support Wisdum for another year.

April 26th

6:30 Potluck and game night. Bring some yummy food and enjoy an evening of fun and socialization.

March/April 2010 - Activities

March 6th (Saturday)

March 7th (Sunday) **Pot Luck & Game Night** at **Judy Grant’s home (441-3186) – 145 Northern Ave #2, Augusta** at **1pm**. Please bring food to share. We will **carpool** from **Gov. Hill Mansion** at **12:45**. Map will be provided.

March 11th (Thursday) **Music Night** at the **Lithgow Library** in **Augusta** (State Street). Music by **Simon & Goodwin**. **Time 6:30**. **Host: Arlene Innis (685-4237)**.

March 13th (Saturday) **Caribbean Pot Luck** hosted by **Lenann Crisci (623-8375) & Debbie Caldwell** at Lenann’s apartment at **4 Commonwealth Lane, Augusta** at **6:30pm**. Please bring Caribbean flavored food and dress for the theme.

March 14th (Sunday)

March 20th (Saturday) A trip to the **Farnsworth Art Museum** in **Rockland, ME** and **Lunch** at a restaurant of group’s choice. **Carpool** from **Gov. Hill Mansion parking lot** at **10am**. **Cost: \$10 seniors, \$12 adults + your lunch \$**. **Hosted by Leslie Michaud 622-6219, 754-4314**. Adults only.

March 21st (Sunday)

March 27th (Saturday) **Lunch at the Super China Buffet** We will eat at the **Super China Buffet** in **Waterville** and possibly go to a movie matinee. **Time: 1:00pm**, **hosted by Claudette Poulin (680-0396)**

March 28th (Sunday) **Pirates Hockey Game (2pm)** at the **Civic Center** in **Portland**. (Meet at the Governor Hill Parking lot to carpool at **12:00 noon**.) **Hosted by: George H. Need commitments and \$\$\$ by March 15th to get tickets ahead of time.**

April 3rd (Saturday) **Game & Card Night** at **Arlene Innes (685-4237), 51 Innes Ridge RD, Wayne** at **7:00pm**. A map will be provided. Please bring snack food. Adults Only.

April 4th (Sunday) **Easter Sunday**

April 10th (Saturday) **Ladies Jewelry Making Party, 11:00am – 2pm**. Three Wisdum experts will teach beading. Free plastic beads or bring your own. Lunch provided, bring drinks or dessert. Hosted by: **Debbie Thompson (923-4444) at 345 Main St., E. Vassalboro**.

April 11th (Sunday) **Bellamy Jazz Band** at **Jewett Hall, UMA**. The concert will start at 2:00. Please be there by 1:30 to get your tickets. We will go to **Panara Bread** after the concert for eats and treats. **Host: Bob Heikkinen (897-5567)**

April 17th (Saturday)

April 18th (Sunday) **Bowling (2pm)** at the **1-7-10 lanes** in **Augusta**. This is a fun time to get some exercise and socialize with Wisdum friends. **Hosted: by Arlene Innes (685-4237)**.

April 24th (Saturday) **Music Night** at the **Union Coffee House** at **Belgrade Lakes** at **7:00**. Please **arrive by 6:15**. **Cost: \$5.00**. **Hosted: by Arlene Innes (685-4237)**.

April 25th (Sunday)